

HAA Newsletter—Events in Aotearoa

In Aotearoa, New Zealand, as we head from a beautifully warm summer into cooler autumn days, we are about to begin the fifth module of our Hakomi Professional Training which we now hold in Auhiriri, Napier at the Coast Guard rooms. This venue overlooks Ahuriri—the fishing boats, yacht club, the mooring for 'Te Matau a Maui' Trans-Pacific voyaging waka (traditional outrigger canoe), restaurants, cafes, Airbnb cottages and small shops—all an easy walk away during our lunch breaks. The Coast Guard have been congenial hosts, even giving students who were waiting for their official welcome an impromptu tour of the rescue boat, and we're happy to have found such a suitable setting for the training.



Module four, where we weave bi-cultural elements with Hakomi, was held at Matahiwi Marae led by Jules Morgaine and Sarah Tait-Jamieson. The module began with a powhiri, a traditional process of welcome, in which Murray Hemi, one of our students spoke eloquently in Te Reo (maori language) of our purpose as Hakomi

students, coming to absorb the history, wisdom, and hospitality that we were being offered. Once we were welcomed onto the marae, the tapu (sacredness) of this ceremony made noa (worldly) by a cup of tea, we engaged in a process of whakawhanungatanga, traditionally a way people make connections with each other by sharing their geneology. This was a rich and emotional process, hearing the stories of each others' ancestors and how we and our families had arrived in Aotearoa. We lived together, surviving snoring and bad jokes in the meeting house for the eight days quite peacefully

As well as Hakomi experiences with the Sensitivity Cycle, Working with Parts, and the process of "Taking Over", we had teachings from Puti Lancaster, a local therapy practitioner, on Te Ao Maori or Maori world-view which fit harmoniously alongside the Hakomi teachings. In the evening we enjoyed an active and entertaining evening of Playback Theatre with Puti.

We also had an evening of karakia (prayer), waiata (song), and meditation with Ema Scott which relaxed and filled us. Our time on the marae ended with an evening of entertainment and exceptional talent.





The next module, back at Ahuriri will include teachings on Child Consciousness and the Magical Stranger and will be taught by Suhari Mommsen-Bohm, Jules, Morgaine, and Paris Williams. I all modules we have to support of a small but dedicated tutor team of Jo Pittwood, Richard Lambert, and Sandy Ross.

We have also had workshops happening: Jules led a two and a half day workshop in Nelson called Reconnection to Joy: Following the Organic Healing Impulse. Paris led an introductory Hakomi workshop in Tauranga and will present Mindful Somatic Approaches to Working with Trauma and Strong Feelings, also in Tauranga Friday June 15 and Saturday June 16. More workshops later in the year will be announced.

Additionally, a 5 module training August 2017- June 2018 for graduates who are working to become certified Hakomi therapists is

happening in Wellington called Towards Certification .This training is taught by Jules Morgaine and Suhari Mommsen-Bohm. Assisted by Sarah Tait-Jamieson.

Looking towards 2019, we anticipate with excitement a workshop with Rob Fisher 29-31 March 2019. Details will be announced as available.

We hope to start another Hakomi Professional Training commencing in 2019.

Submitted by Sarah Tait-Jamieson, Hakomi Teacher